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9 traditional karate throws - scribd

This booklet is published at the occasion of the 2013 Yoshukai Karate Winter Camp. Among his students was Tsuyoshi Chitose Sensei who founded Chito Ryu Karate,
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Chit -ry - expand your mind

Yoshukai is a Japanese karate style adapted from Chito-ryu by Yoshukai founder Peter Cunningham authored the definitive kickboxing training manual
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27 movements - youtube

Jan 15, 2011 27 movements with no speed or power sources.

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Masami tsuruoka - wikipedia, the free encyclopedia

Masami Tsuruoka kept Chito-ryu karate before the Canadian public from 1958 later noted as founder of Yoshukai Karate, and some of his students including

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List of martial arts kata & forms with instructions & videos

Karate Katas. Chito-Ryu Katas; Wado-Ryu Katas; World Oyama Karate Katas; Yoshukai Katas; Shito-Ryu International Karate Do Kai, Shito-Ryu Kata,

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Karate - black belt wiki

Black Belt Wiki - Free instructions Chito-Ryu Katas; Enshin Katas; Shuri-Ryu; Toon-Ryu; Uechi-Ryu; Wado-Ryu; Yoshukai; References. Shotokan Karate of America,

Chito- ryu karate - fighting styles - fight

Chito-ryu is a style of karate founded by Doctor Chitose Tsuyoshi. The name of the style translates as 1,000 year old Chinese Style. The character Tou () refers to

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Chit -ry - wikipedia, the free encyclopedia

The International Chito-Ryu Karate-do Federation of Australia (ICKFA) Yoshukai is a Japanese karate style adapted from Chito-ryu by Mamoru Yamamoto.

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Get My Black Belt Wado Ryu Karate 6 x DVD Home Study Course Yoshukai Karate (which was directly formed from Chito-Ryu and the grandchild form of Shorin-Ryu),

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30 moves of chito- ryu archives - ryusei - barrie

Here s an interesting video circa 1970, showing U.S. karateka demonstrating the 30 moves of Chito-ryu. Many of these correspond to what we practise today in

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